



UPLANDS MANOR PRIMARY SCHOOL

Headteacher: Mrs R. Keen

Addenbrooke Road, Smethwick, West Midlands, B67 6HT

Email: headteacher@uplandsmanor.sandwell.sch.uk

Website: uplandsmanor.sch.life

Telephone: 0121 558 1602

May 2025

Dear Parents/Carers,

I hope this message finds you well.

As part of our health and safety procedures, we would like to remind you of our policy regarding jewellery and appropriate clothing during PE lessons.

Jewellery Policy:

- **Earrings and Jewellery:** For safety reasons, pupils are **only allowed to wear stud earrings**. No other earrings will be allowed. No other jewellery should be worn into school (unless a religious bracelet)
- Children will be asked to take off their watches before the PE lesson
- Religious bracelets - please cover with sweatband during PE lesson

PE Clothing:

- **Correct PE Kit:** It is essential that all pupils wear the appropriate PE clothing to ensure comfort and mobility during lessons. The required PE kit includes:
 - A plain white or school-branded T-shirt
 - Plain black shorts or tracksuit bottoms
 - Suitable sports shoes (trainers) that provide adequate support
 - Red school jumper or cardigan (no tracksuit tops or hoodies)

Children will still be expected to come in their PE kits on the days they have PE.

We appreciate your support in reinforcing these guidelines at home. Ensuring that your child comes to school prepared for PE not only enhances their learning experience but also promotes a culture of respect and responsibility within our school community.

If you have any questions or concerns regarding our PE policy, please speak to your child's class teacher.

Thank you for your cooperation.

Yours faithfully

Miss James

Deputy Headteacher

Achievement

Belief

Creativity

Determination

Enthusiasm

